Case study-1

Arun and Arnab are visiting their grandparents in Mathura. Today is the village market day. They are going to the market with their grandfather. They are very excited. In the market people are selling pumpkins, brinjals, potatoes, carrots, tomatoes and ladies 'fingers, coriander, mint and spring onions. There are also jars of homemade pickles and hams made of different fruits. The people were also selling variety of fruits like apples, bananas, guavas, grapes, oranges, pineapples etc.

Read the case study and answer the MCQ:

- 1. The people who eat only vegetables and fruits and no meat are called
 - a) Vegetable eater
 - b) Vegetarians
 - c) Non-vegetarian
 - d) Vegan
- 2. The vegetable that can be eaten raw as well3 as cooked
 - a) Potatoes
 - b) Brinjal
 - c) Carrot
 - d) Pumpkin
- 3. People who live in coastal areas like to eat fish because
 - a) They are a good source of energy.
 - b) They are easily available.
 - c) They don't know to eat vegetables.
 - d) They have medicinal values.
- 4. The oil which is not eatable
 - a) Mustard oil
 - b) Kerosene oil
 - c) Olive oil
 - d) Coconut oil